ACTION SAFETY PROTOCOLS DURING COVID-19
Stay safe while you fight back

NOISEMAKERS OVER CHANTS
Shouting can increase the spread. Bring pots and pans to bang together!

COVER YOUR FACE
Everyone should bring and wear a mask – if you don’t have one, you can use a scarf or bandana instead.

HAND SANITIZER
Bring it and use it often! And remember to wash your hands or use hand sanitizer before you leave your house, and after you get home.

KEEP YOUR DISTANCE
Remember to stay 2 metres (6 feet) apart from others. Don’t share signs, noisemakers, or food/drink – eat and drink before you leave the house.

BRING YOUR OWN SIGNS
If this isn’t possible, wear gloves when holding signs, and remember to wash/sanitize your hands immediately before and afterwards.

PROTECT YOURSELF AND OTHERS
If you are sick, showing symptoms of COVID-19, or have been in contact with someone who has COVID-19 in the last two weeks, please don’t come!